

## Breakfast

\*served until 12:30 daily  
 \*served with homemade or regular white or brown toast  
 \*add low gi or homemade rye toast R5  
 \*choice of scrambled, fried or poached eggs

### MINI CITY SPECIAL

2 eggs, 1rasher bacon, 1 slice grilled tomato, 1 slice of toast

### EARLY PERK

2 eggs, 2 rashers of bacon, grilled tomato, 1 slice of toast

### ON THE RUN

2 eggs, 2 rashers bacon, grilled tomato, mushrooms, 1 slice of toast

### CITY PERK BREAKFAST

2 eggs, 2 rashers bacon, pork/beef sausage, mushroom, grilled tomato, grilled onions & baked beans, chips, 1 slice of toast

### BANTING BREAKFAST

2 eggs, bacon, mushroom, grilled tomato, avocado

### THE VEGETARIAN \* (v)

2 eggs, grilled mushrooms, tomato, grilled halloumi, hash brown, sliced avocado, hummus, slice of toast

### BUILD YOUR OWN OMELETTE \*(20min prep time) (choose any 3 fillings below)

bacon, cheddar cheese, grilled peppers, grilled onions, grilled tomato, avocado, grilled mushrooms, chopped fresh chilli, sundried tomato, spicy tomato & onion salsa, cream cheese, mozzarella

### UPTOWN OMELETTE \*(20min prep time)

mild creamy peri-peri chicken livers, grilled peppers, grilled onions

### FRESH FRUIT SALAD

regular 39 large 49

### FRESH FRUIT SALAD, MUESLI, YOGHURT

49 59

## Toasted Sandwiches

homemade or regular white or brown bread (low gi/rye add R5)

### BACON, EGG & CHEESE

50

### BACON & CHEESE

47

### BACON & EGG

47

### CHICKEN MAYONNAISE/TUNA

50

### MOZZARELLA, BASIL PESTO & TOMATO (v)

45

### SAVOURY MINCE & MOZZARELLA

50

### HAM, CHEESE & TOMATO

45

### CHEESE & TOMATO (v)

38

### CHEESE (v)

35

### BEEF STRIPS - cheddar, onions, sweet chilli

52

### CHICKEN STRIPS - mozzarella, onions, sweet chilli

52

### DAGWOOD - home made bread only

69

### BREAKFAST DAGWOOD - regular bread only

62

add chips or greek salad to any of the above

15

## Fresh Sandwiches

homemade or regular white or brown bread (low gi/rye add R5)

### CHEESE & TOMATO

35

### HAM, CHEESE & TOMATO

38

### CHICKEN MAYONNAISE/TUNA

44

### BACON & EGG, LETTUCE, TOMATO

42

### LOW GI - chicken mayonnaise, baby spinach, avo, black pepper

58

## Gourmet Ciabattas

### URBAN SMOKED CHICKEN

smoked chicken, bacon, mozzarella cheese and basil pesto

65

### BEEF CIABATTA

beef strips, caramelised onions, cheddar, lettuce,

65

tomato & sweet chilli relish

### CHICKEN CIABATTA

chicken strips, caramelised onions, mozzarella, lettuce,

65

tomato & sweet chilli relish

### CHICKENAISE

chicken mayonnaise, back bacon, cheddar cheese, avo, lettuce & tomato

65

## Wraps

### SMOKED CHICKEN & BACON

55

### SWEET CHILLI BEEF & CHEDDAR

55

### GRILLED CHICKEN, TZATZIKI & HUMMUS

55

### CAJUN CHICKEN

55

### HALLOUMI, AVO & BASIL PESTO (v)

55

### RED KIDNEY BEAN, hummus, pepper dew, baby spinach (v)

55

### CHICK PEA, tzatziki, avo, sesame seeds, mixed peppers (v)

55

add chicken or bacon to any vegetarian wraps

15

add chips or greek salad to any of the above

15

## Tramezzinis

### CHICKEN OR TUNA MAYONNAISE

69

### SPINACH, FETA, OLIVES (v)

66

### BEEF STRIPS, FRIED ONION

69

### SMOKED CHICKEN, BACON, BASIL PESTO

69

### SAVOURY MINCE, CHILLI

69

### HALLOUMI, AVO, BASIL PESTO (v)

69

### THE WORKS beef, chicken, garlic, onion, chilli

75

add chips or greek salad to any above

15

## Hot Meals To Go

see our daily specials board

### QUARTER CHICKEN, chips or greek salad

55

### STEAK, chips, tomato onion gravy

60

### STEAK OR QUARTER CHICKEN, rice, tomato onion gravy

65

### CRISPY CHICKEN STRIPS, chips or greek salad

65

### GRILLED HAKE, chips or greek salad

65

### GRILLED HAKE, rice, grilled veg, gravy

80

### CHICKEN WINGS, chips or greek salad

65

### BUTTER CHICKEN CURRY, rice

68

### THAI CHICKEN OR BEEF NOODLE STIR FRY

65

### BROKWURST SAUSAGE, chips, tomato & onion gravy

55

### HALF CHICKEN, chips

90

### STEAK OR 1/4 CHICKEN & PAP, tomato & onion gravy

55

### STEAK OR 1/4 CHICKEN & PAP, tomato & onion gravy, veg

65

### QUARTER CHICKEN SPECIAL, 1 x veg, 1 x salad

65

### BBQ RIBS, chips or greek salad

90

### PLATTER FOR ONE, peri-peri chick livers, wings, bbq ribs, chips

109

add home made prego sauce or salad dressing(20ml)

2

## Salads

### CRUNCHY ORIENTAL CHICKEN SALAD

60

sliced green & red cabbage, carrot spring onion, roasted noodles, topped with sliced chicken breast, drizzled with sesame seeds and zesty oriental dressing

### WARM BUTTERBEAN BASIL PESTO CHICKEN

70

butterbeans pan seared in a basil garlic pesto, chicken breasts, romana tomatoes, feta cheese, julliene carrots, micro herbs

(vegetarian & vegan option available enquire with your server)

### CHICKEN PASTA SALAD

60

smoked chicken, basil pesto, cherry tomatoes mixed in fusilli pasta

### GRILLED CHICKEN OR BEEF SALAD

55

grilled bbq chicken or bbq beef strips, mixed leaf lettuce, cucumber, tomato, onion & parmesan cheese

### HALLOUMI, AVO, BASIL PESTO SALAD (v)

60

medley of mixed lettuce leaves, tomato, cucumber, grilled halloumi wedges, sliced avo & basil pesto



Mon - Fri 06H30 - 15h00

**cityperk café** 011-838-9755  
 or  
 081-843-4083

www.cityperkcafe.co.za

alexi@cityperkcafe.co.za



70 Fox Street, Marshalltown (Entrance on Main Street)

## Burgers

- Beef or Chicken Burger 150g**
- Beef or Chicken Cheese Burger 150g**
- Beef or Chicken Bacon Cheese Burger 150g**
- Beef or Chicken Burger 150g & Chips & 330ml**
- Hotdog Footlong - german sausage**
- add home cut chips*

## Banting

### QUARTER CHICKEN MEAL

quarter chicken with any 2 sides - avo, boiled eggs, tomato & cucumber, cream cheese, bean salad

### CHICKEN BREAST MEAL

2 x chicken breasts with any 2 sides - avo, boiled eggs, tomato & cucumber, cream cheese, bean salad

### NAKED BURGER (vegan available)

180g home made beef patties, grilled mushrooms, sliced tomato, cream cheese with salad

### CREAMY BEEF STROGANOFF

creamy beef & mushroom stroganoff and grilled veg of the day

## Hot Beverages

(\*all coffee's available in decaf at **no** extra charge)

### COFFEE'S

	large	grande
filter coffee	21	23
americano	25	28
<b>cappuccino special (small only)</b>	25	
cappuccino froth	31	35
cappuccino cream	33	37
cappuccino red (rooibos)	33	35
flat white - (small only)	27	
espresso	single 21	double 23
machiato (espresso topped with foam)	single 22	double 24
cortado (espresso with a splash of milk)	single 22	double 24
bulletproof coffee (espresso, salted butter, MCT Oil)	46	
latte		35
flavoured latte		41
mochachino (hot chocolate with a shot of espresso)	32	37
<b>extra coffee shot</b>		6

### TEA'S

	large	grande
tea (five roses or rooibos)	21	23
twinnings herbal tea's (ask for selection)	23	26
chai tea	32	37
dirty chai (chai tea with a shot of espresso)	37	41
golden latte (turmeric, cinnamon, honey)	32	37
matcha latte (green tea powder)	32	37
crimson latte (beetroot, honey)	32	37

### HOT DRINKS

	large	grande
ovaltine, milo, hot choc, coco mocha nut, barone hot chocolate	32	37

### add speciality milks -

cream, soya, almond, fat free milk

### add speciality syrups -

vanilla, caramel, hazelnut, ginger, popcorn

add fresh mint or fresh ginger -

55	sodas - 300ml selection of	14
60	sodas - 440ml selection of	16
65	sodas - 200ml selection of	13
79	vitamin water - selection of	26
35	appetizer, red grapefruit	24
15	fuze ice tea - peach, lemon	21
	bos sugar free ice tea - peach	22
	valpre mineral water - 500ml still or sparkling	19
	red bull - 250ml / sugar free red bull - 250ml	31
62	dragon - 500ml	19
	powerade, play / sugar free play	25
	lucozade	28
68	<b>MILKSHAKES</b>	38
	vanilla, chocolate, caramel, popcorn, bubblegum, lime, banana, strawberry, hazelnut, coffee, coco mocha nut, chocolate, frulata	
80		
	<b>SMOOTHIES</b>	39
68	mango, strawberry, granadilla, lemonade, strawberry & banana, mixed berry, mint & lime, coco mocha nut, fruit cocktail, ginger	

### PROTEIN SMOOTHY

	peanut butter, banana, chia seeds, honey, cinnamon, milk, ice	48
	add soya milk, almond milk, fat free milk	7
	add whey protein	11

### JUICES (sir juice)

	mango, cocktail, strawberry, orange, cranberry apple	25
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### SUPERFOOD JUICES (sir juice) (five a day fruit & veg)

	spinach - apple, cucumber, kale, mint	35
	carrot - apple, orange, granadilla, ginger	
	beetroot - apple, raspberry, orange, carrot, ginger	

### FREEZOS

	coffee, chai tea, coco mocha nut, beetroot, matcha tea, turmeric, chocolate	40
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### GOURMET MILKSHAKES

	tex, oreo cookies, bar-one, ferrero rocher, horlicks peppermint crisp, wholenut chocolate, milo, nosh, kit-kat, 5 star, lunch bar	45
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## Platters / Functions

please see our website for platters & restaurant menu, we also supply training meals

## Vegan

various vegan options available please enquire with your server

WE DELIVER (within walking distance)

Crunchies-Muffins-Croissants-Danishes



cake & coffee special  
**R 55**

Cake Slice R50



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